



**Thank you for being part of Pray October
Bournemouth, Christchurch and Poole**

This is a simple resource for you to use.
We suggest you spend a few minutes meditating on the short pieces of scripture and then move on to offering prayer using the suggestions put forward. The set prayers are from Christian Aid and seem to speak well into the situation we are in

Psalm 20:7

**"Some trust in chariots and some in horses but we trust in the name of the Lord.
They are brought to their knees and fall but we rise up and stand firm."**

Although it may seem impossible we pray for an end to Covid 19 worldwide

We pray for those developing medical treatments and vaccinations

We pray for those who are making decisions about stopping the spread

We pray for us all to play our part in following guidance regarding the spread

Loving God,
we seek your presence
in the silence beyond words
looking to you for comfort,
strength, protection and
reassurance
breathing with gratitude
holding on to hope
trusting with faith
that you are still God
in the midst of the turmoil
and that your love reaches
to the ends of the earth.
Be present with us now.
Amen.

For those who are unwell and concerned for loved ones
for those who were already very anxious
for those immune suppressed or compromised
for those vulnerable because of underlying conditions
for those in the 'most at risk to coronavirus' categories
for those watching their entire income stream dry up
for those who have no choice but to go out to work
for those who are afraid to be at home
for those who are more lonely than they've ever been
for those who are bereaved and grieving.
God be their healer, comfort and protection,
be their strength, shield and provision
be their security, safety and close companion
Amen

Psalm 20:1-2

"May the Lord answer you when you are in distress; may the name of the God of Jacob protect you. May he send you help from the sanctuary and grant you support from Zion."

We pray for all those who are in distress
We pray for those suffering mental health issues
We pray for all who grieve the loss of loved ones
We pray for all suffering from Covid 19 and its long term effects

1 Corinthians 13:7-8 'Love...bears all things, believes all things, hopes all things, endures all things. Love never ends.'

We pray for all who work in our local hospitals and care homes and in community care
We pray for all who work within our local authority
We pray for practical outpouring of love through Churches and para Church organisations across Bournemouth, Christchurch and Poole
We give thanks for the work of our local Foodbanks and other food initiatives
We give thanks for the work of those organisations supporting the homeless at this time

1 John 4:7
"Dear friends, let us love one another for love comes from God. Everyone who loves has been born of God and knows God."

Loving God,
strengthen our innermost being
with your love that bears all things
even the weight of this global pandemic

keeping our gaze fixed on you,
and looking out for our neighbours
near and far.

Instil in our shaken souls
the belief and hope that all things
are possible with your creative love
for strangers to become friends
for science to source solutions
for resources to be generously shared
so everyone, everywhere, may have what they
need
for your perfect love that knows no borders
may cast out any fear and selfishness that divides.

May your love that never ends
be our comfort, strength and guide
for the wellbeing of all and
the glory of God.
Amen.

May your love that never fails
strengthen the weak
encourage the fearful
calm the anxious
heal the sick
through your church –
your washed hands
and feet on earth –
distant but still present
virtual but still connected
part but still helping.
God in your mercy,
hear our prayer.
Amen.

We pray for our Churches and all who lead them