WOMEN IN THE Shadows

WEEK BY WEEK GUIDE

Welcome to 'Women in the Shadows' - a new five week course for Lent, focusing on the different ways women and girls are exploited in the UK today.

During the course, you will discover how women are drawn into modern slavery and exploitative situations and what life can be like for them once they are rescued from exploitation, including the many challenges they face as they recover from trauma. You will also find out more about sexual exploitation, labour exploitation and county lines and how to recognise signs of modern slavery.



BEGINNINGS

In this first week of Lent, we will learn about how women and girls can get embroiled in exploitative situations and also what we can do to join the fight against modern slavery.

WATCH BEGINNINGS

and think about what we can do to help vulnerable women and girls avoid modern slavery.



SEXUAL EXPLOITATION

This week, we will learn about how women of all different nationalities and backgrounds can end up being sexually exploited and the damage that this form of slavery can inflict.

WATCH ANITA'S STORY

and think about how we can shield vulnerable women and girls from sexual exploitation and show our care and concern for those who are suffering.

WEEK 3

LABOUR EXPLOITATION

We will hear how workers can find themselves in debt to traffickers and working as slaves but also what businesses can do to spot the signs.

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WATCH HANA'S STORY

and think about how we can be more aware of who is providing the goods and services we consume every day.





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WEEK 4

COUNTY LINES

This week, we will find out more about county lines and what communities can do to reach out to vulnerable children and make the alternative to gang life more attractive.

WATCH Gemma's story

and think about how we can open our communities to children and young people before they are drawn into gangs.

WEEK 5

BEYOND SURVIVAL

In the final week of Lent, we will hear about how women and girls can begin to rebuild their lives post-slavery and learn what sort of support can help in their recovery.

WATCH OUT OF The shadows

and think about how we can offer support and help people move forward positively from trauma.

WOMEN IN THE SHADOWS
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