

A Plastic-free Pilgrimage

Bishop Nicholas is blogging this Lent and inviting us to follow his attempt to be a plastic-free pilgrim.

[Click here](#) to read and follow.

Beginning his blog at the start of the 40 days of Lent, Bishop Nicholas reflected:

"I am struck that there is more plastic in the house that I had noticed - not just my toothbrush or the containers for liquid soap but the toilet seat, quite a lot of gadgetry, my mobile phone, keyboard and computer, and the milk container!

"I've got a bamboo toothbrush, a bar of soap and my fountain pen is full of ink but I'll not manage without my computer and where do we get milk in anything other than a plastic container? Not sure what to do."

He added:

"The aim of this blog is to understand better the place that plastic plays in our lives. How much is necessary? How much recyclable? How much damage is being done? It's clearly going to be an interesting adventure and I'm not at all sure how easy this is going to be."