

SPRINGS
DANCE COMPANY

in partnership with

tearfund

GET FIT GO GREEN

Springs Dance Company specialises in RE through dance and helps young people learn about and learn from the Christian faith



Energetic, action packed dance workshops that help children think about climate change and improve their fitness.

Ideal for use as part of PE and the sports premium funding. Get Fit Go Green also links to RE, PSHE / Citizenship and Drama.



**'THANK YOU FOR
SUCH A CREATIVE
DANCE SESSION'**

Year 3 teacher, Roxton

The project can run for a day or be delivered over six workshop sessions which culminate in a performance by the children.

Get Fit Go Green can cover:

- **Learning and creating** fun, high energy movement to get fit.
- **Exploring green issues** such as consumerism, energy and transport and how our actions can affect people globally, as part of Jesus' call to love our neighbour.
- **Go green** – what we can all do to make a difference.
- **Respecting God's world** – how the Bible encourages care for creation.

The project can be adapted to suit your school.

Other popular workshops include: The Easter Project, Refuge (links to The Nativity and Refugees), The Magic Paintbrush, Exploring Values, Stepping Out (for big changes), You Are Special and Light of the World.

Springs can also bring magical dance theatre to you, saving you a coach trip and transforming your school into a theatre. To find out more about our literature linked, professional productions, please contact the office.

'PROBABLY THE BEST DANCE I'VE SEEN IN ANY SCHOOL, EVER!'

School Inspector talking about a children's performance as part of a six week project by Springs Dance Company

www.springsdancecompany.org.uk



Springs is flexible as to how workshops fit into the school timetable.

To book or for a friendly chat about what we can do for you call us on

07775 628 442 or email

touring@springsdancecompany.org.uk

Get Fit Go Green can include a short professional dance presentation of **'The Green Project'** that can help your whole school engage with the themes of the project.

