

Reflections

Psalm 121

I will lift up mine eyes unto the hills, from whence cometh my help.

My help cometh from the LORD, which made heaven and earth.

He will not suffer thy foot to be moved: he that keepeth thee will not slumber.

Behold, he that keepeth Israel shall neither slumber nor sleep.

The LORD is thy keeper; the LORD is thy shade upon thy right hand.

The sun shall not smite thee by day, nor the moon by night.

The LORD shall preserve thee from all evil: he shall preserve thy soul.

The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.



Grant me protection

Grant, O Lord, Thy protection

And in protection, strength

And in strength, understanding

And in understanding, knowledge

And in knowledge, the knowledge of justice

And in the knowledge of justice, the love of it

And in the love of it, the love of all existences

And in that love, the love of spirit and all creation.