



understandinghumanism.org.uk
Supporting teachers to deliver inclusive RE and SMSC

WHAT IS HUMANISM?

Humanism is a positive, **non-religious worldview** shared by millions of people in the UK. Humanists rely on evidence and reason to discover truths about the universe, and base their ethical decisions on empathy and a concern for the welfare of human beings and other sentient animals.

Humanists see no persuasive evidence for an afterlife or any discernible purpose to the universe, but believe human beings can make their own lives meaningful by seeking happiness in the one life they know they have and supporting others to do the same.

WHAT WILL I FIND?

On Understanding Humanism, you'll find **free resources** to help you teach about humanism and non-religious worldviews, including lesson plans, classroom activities, videos, humanist perspectives, and school speakers.



'Learning about humanism has been good for the children from religious families. It's helped them to understand what non-religious people believe and to respect that.' **KS3 teacher**

inspire
EVERY CHILD





Education resources for inclusive RE

understandinghumanism.org.uk

**How do humanists
decide what to believe?**

**Can I be good
without a god?**

**How can we make
our lives meaningful?**



Designed by and for teachers, Understanding Humanism offers educators everything they need to teach children and young people about humanist beliefs and values.

'Most of my pupils are not religious. Including humanism in our teaching has really helped with their moral and spiritual development.' **KS2 Teacher**

Free online courses

Looking to develop your subject knowledge? Check out our two free online courses: 'Introducing Humanism' and 'Humanist Lives'.

School speakers

Request one of our free, trained, and accredited school speakers to answer your students' questions about humanism.

Teacher training

Want to deliver outstanding teaching about non-religious worldviews?
Contact education@humanists.uk