Checklist for Ministering to Victims of Homicide

Background to these points is given in Chapter 6 of Across the Chasm.

At first

- 1. If you are even thinking about visiting, do so. Go and make contact, perhaps with a card from all local churches.
- 2. Always remember, we are not simply doing a job (e.g. are contracted to take a funeral); but are trying to be God's representatives in our communities.

With the Victim's family and friends

- 3. Listen and hear.
- 4. Always remember, you will not fully understand extreme suffering; but it is possible to stay there with those who have (but see 14 below).
- 5. Always remember victims are victims: the victim's life style may increase their chance of being violently attacked; but their death is due to the actions of another.
- 6. Meeting physical needs is a great way of ministering!
- 7. Only put forward your own thoughts etc when asked specifically.
- 8. If asked, gently encourage the family to see the dead person (& remember that to the family she or he is a real person with a name they are not just a body!)
- 9. Avoid Platitudes and easy answers (You will cope, everything has a reason, all for the best, he's in a better place, have faith...)
- 10. Be concrete in what you offer; and if you say you will do something, DO IT!
- 11. Be real!

For Yourself

- 12. Be safe! follow appropriate safety procedures.
- 13. Do you need to 'off-load' in other areas in order to concentrate on the homicide?
- 14. Ensure YOU have someone to talk to; connecting with those in trauma is demanding.
- 15. If you can't cope, pass the ministry to someone who can (there is no shame in this).

With Others

- 16. Be clear if you are ministering to family, to social groups (e.g. work colleagues), or to the community /church people.
- 17. Are there particular people within the Church Community who have connections with the Victim? If so, support them in what they can constructively do.
- 18. Don't forget that work colleagues, friends etc of the victim will be affected as well. They might want a Memorial Service. In general, ensure the family are happy with this.
- 19. Establish clear boundaries between any ministry to offender(s) and victims. **Don't** even consider trying to minister to both.

Pre-funeral

- 20. Prayers at the scene of death can be very helpful for the family.
- 21. Prayers at the scene of death may be helpful for the community too.
- 22. Treat the dead body and where it has been with reverence.
- 23. Be aware that 'shrines' i.e. flowers, a candle, perhaps a photo, etc., in a place associated with the person, often help.
- 24. If there are young children, is there anything you can do for them?

Funeral

- 25. If there is a delay before the funeral, consider holding a memorial service.
- 26. Assuming the family so desire, encourage the funeral service to also be a memorial service; let it be a positive remembering of the dead person's whole life.
- 27. If you are leading the funeral, contact your denomination's or Diocese's Media/Communications advisor.
- 28. Could you charge no fee for the funeral?

Post-funeral

- 29. Above all, keep in touch. You can help in ways others can't.
- 30. There is likely to be profound anger at God. Do not mention forgiveness, but be prepared for the area to be brought up.
- 31. After most deaths, those grieving can move on; space (rather than time) often brings healing. That is much more difficult after a violent death. PTSD (Post Traumatic Stress Disorder) can occur many years later.
- 32. There is other help available for victims; In particular there are:
 - a. peer organisations where they can talk with others who've experienced the death through homicide of someone close to them;
 - b. organisations who offer counselling;
 - c. Annual Services of Remembrance around England.
- 33. Offer to help with official organisations.
- 34. If possible, minister for as long as you can. Trials, appeals, perhaps release from prison, all cause great stress. Any ministry is likely to be very highly valued.
- 35. When you leave a church, make sure your successor knows of those you have helped.