SAVE THE DAY Stonehenge Marathon Walk 21st May 2022 In aid of Sudan Medical Link

fellow/hip in Faith

The people of Sudan have to challenge themselves every single day, just to stay alive. Babies, sadly often die during childbirth and the maternal mortality rate in South Sudan is one of the highest in the world (2,054 per 100,000 live births). One in ten children dies before the age of five. Preventable diseases such as malaria, diarrhoea and pneumonia are not always treated because of the lack of medicines. Are you ready to challenge yourself for just one day, joining other walkers raising money for their own charities, pushing yourself beyond what perhaps you thought you could and in doing so raising some much needed funds for Sudan Medical Link to:

a). Distribute medicines and medical supplies three times a year b). provide primary healthcare kits, furnish and equip clinics and c). Identify and subsequently train local Sudanese as clinical officers, nurses, midwives and laboratory assistants to work in their local communities.

Choose to walk 26 miles (£89 reg. fee) or 13 miles (£79 reg. fee). Raise just £200 for the charity and have a fabulous day in the process. You just need to bring yourself, your walking shoes/boots and a bottle of water. Everything else, including all your food for the day will be provided (as well as a few extra special surprises at the finish!) WATCH OUT FOR ALL THE DETAILS ON THE SML WEBSITE AND START TALKING TO YOUR FRIENDS – HELP THEM LOSE THOSE EXTRA POUNDS PUT ON OVER CHRISTMAS !!!