




WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT £1.95	Chicken Rogan Josh with tomatoes, mango chutney and pilau rice (Mu)	Farm assured chicken sausages with mashed potato and baked beans (So,E,G,Mk)	Sliced roasted turkey breast with gravy, roast potatoes and mixed vegetables	Chinese sweet chilli turkey stir fry with vegetables and noodles and prawn crackers (G,E,Cr) 	Oven baked MSC pollock, homemade tartare sauce served with baked oven chips (G,F,Mk,E,Mu)
VEGETARIAN  £1.95	Tarka Dahl with spinach and lentils, mango chutney and pilau rice (Mu) 	Savoury vegetable mince casserole with root vegetables, mash potato and baked beans (G,Mk,E)	Soya, garlic and ginger Quorn with egg fried rice (G,E,So,Mk)	Spanish tortilla with onion, spinach and cheddar, new potatoes and salad (Mk,E)	Spicy red pepper and courgette Quesadilla with sour cream, baked oven chips and broccoli (Mu,Mk,G)
STREETFOOD £1.95	Chinese chicken in black bean with plain chow mein (G,E,So)	Macaroni cheese (Mk,G,E)	Garlic and ginger chicken open wrap with rice and beans (So,G)	Jumbo hot dog with fried onions and tortilla chips (G,Se,Su,Mu)	Classic carbonara (Mk,G,Su)
PERFECT PUDDINGS 85p	Jalousie tart with mincemeat (G,Mk)	Pear and chocolate sponge with chocolate sauce (Mk,E,G)	Autumn fruit crumble with cream (Mk,G)	Bread and butter pudding with custard (Mk,E,G,So,Su)	Warm sultana flapjack (G,Mk)

 Mint

ITALIAN DAY

SEPTEMBER 26th

 Oregano

indian DAY

OCTOBER 13th

 Thyme

BONFIRE NIGHT

NOVEMBER 5th

 Sage

A Very Merry Menu

CHRISTMAS LUNCH