

HOLLAND PARK SCHOOL

★ AMAZING FOOD & GREAT MEAL DEALS ★



★ THE LATEST NEWS ★

Holland Park School

Catering Excellence!

MENUS - WHAT GOES IN

Accent Catering are delighted to announce our most recent promotions to reduce sugar across our menus and highlight the healthiest choices. We are very conscious that the students we feed at school enjoy the best possible lunch made from the best ingredients.

We aim to cook all our meals from scratch by our skilled kitchen teams and our accreditations include the Soil Association Food for Life Mark, Red Tractor Meat, RSPCA Free Range eggs, fair trade chocolate, actively supporting British farmers in our purchasing practices and use of local suppliers where possible. We exceed all the recommendations of the National School Food Guidelines and have done so since we first started. To add to our commitment we have created a series of recipes that will help reduce the amount of sugar on our menus whilst still serving delicious food.

If your son or daughter has any special dietary requirements please review the menus with them to ensure they are familiar with the meals on offer and if you have any concerns please do not hesitate to contact our Chef Manager at: HollandPark@accentcatering.co.uk.

MEAL DEALS

Our menus feature a daily "meal deal" allowing students to purchase a full main meal and selected dessert, drink or fruit for £2.30.

MONTHLY THEME DAYS

Every month we feature theme days in the restaurant, this year being no exception. So watch out for our featured menus promoting Indian Day and Bonfire Night. We also feature a fruit of the month with Pear and Clementine making an appearance during October and November.

ENVIRONMENT

Working in conjunction with the school, Accent Catering are serious in helping to reduce waste and landfill. Our food waste is kept to a minimum and the most effective cooking methods adopted to reduce energy consumption.

Concentrating on reducing food miles means limiting the number of vehicles delivering to site and where possible using re-useable crates for deliveries against cardboard boxes.

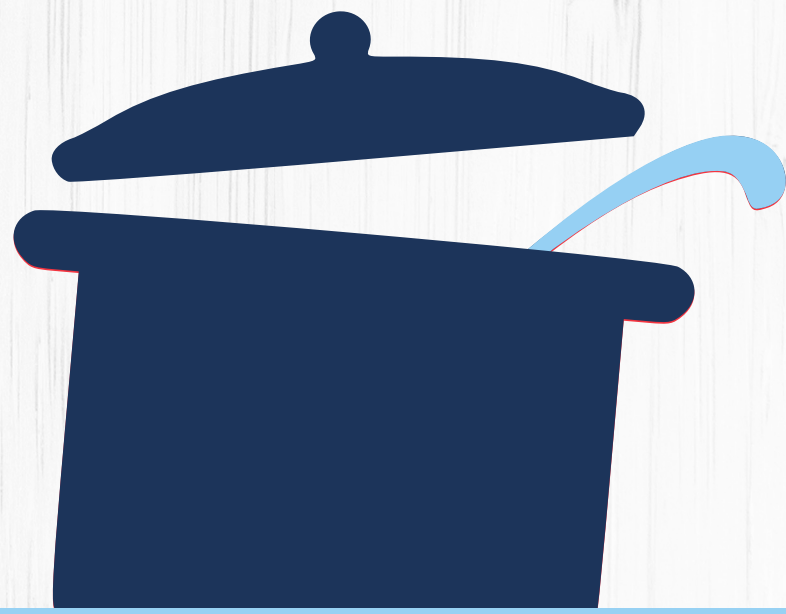
Over recent years the "takeaway" culture has become part of our everyday life and this raises challenges for us. To assist in maintaining our "green credentials" where possible all our disposable products can be recycled or are fully biodegradable.

FEEDBACK - HAVE A WORD!

Please feel free to let us know what you think by telling any of the restaurant team who will be more than happy to pass the comments on. Get in touch with us: HollandPark@accentcatering.co.uk Or complete a "Your Say" comment card and get involved in the student surveys.

WANT TO KNOW EVEN MORE?

Head over to the Accent website, which is jam packed with information and exciting recipes: www.accentcatering.co.uk



ABOUT ACCENT

Our food

- 98.3% from fresh
- Nutritious, consistent and quality assured food
- Bespoke menus and marketing
- Outstanding hospitality
- Exciting 'Leafy Green' salad bar



Good Egg Award

We have been awarded the Compassion in the World Farming 'Good Egg Award'. All our eggs are free range.

Our suppliers

- Local sourcing
- Fairtrade products
- All our fish is sourced from the MSC sustainable list



Our meat is all Red Tractor and our fruit and vegetables LEAF accredited with over 75% sourced from British farms

★ NEW SUPER TASTY MENUS ★

THE KITCHEN @ HOLLAND PARK						FRUIT OF THE MONTH
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
THE MAIN EVENT £1.95	Chilli con carne potato wedges (Mu) sour cream Add* nachos 50p	Chicken rogan josh pilau rice chutney & raita (G,Mk,So)	Roast turkey breast, gravy and cranberry sauce, crispy roast potatoes, cabbage and carrots (G)	Chicken burger with an unseeded bun and seasoned wedges (G,E,Mk,Mu,Su)	Battered fish fillet (G,E,F,Mu) Salmon fishcake (G,F) chips, and peas	Apple ITALIAN DAY SEPTEMBER 21*
VEGETARIAN £1.95	Bean chilli con carne (Ce,G,E,Mu)	Cauliflower and chick pea biryani (None)	Baked Vegetable crumble (Ce,G,Mk,Mu,Su)	Bean burger (G,E,Mu,Su)	Cheese and onion quiche (G,E,Mk)	Pear INDIAN DAY October 19*
HOT POT £ £1.95	Mushroom carbonara (E,G,Mk)	Oriental vegetable noodles (G,E,So,Su)	Pasta with chunky tomato sauce (E,G,Ce,Mk,Su)	Savoury Rice and vegetables (Ce)	Arrabiatta pasta (E,G,Mk)	Clementine BONFIRE NIGHT November 2*
STREETFOOD £1.95	Meatball sub (G,Mk)	Chilli beef calzone (G,Mk,So)	Hot roast turkey baguette with cranberry sauce (G,Mk)	Classic beef burger (G,Mk,Su,Mu,E)	Fish finger sub (Ce,E,F,Mk,Mu)	Avocado A VERY MERRY December
PERFECT PUDDINGS 65p	Apple turnover ice cream (G,E,Mk)	Sticky marmalade pudding Custard (G,E,Mk)	Fruit of the month dessert	Summer berry flapjack bake (G,Mk)	Baked jam sponge & vanilla sauce (G,E,Mk)	

★ Look out for this icon on our menus for a better choice for you! ★

🌱 = Veggie 🌿 = Leafy Green 🐟 = Fish 🌾 = Cereals containing Gluten 🥛 = Dairy 🥚 = Eggs 🍌 = Lentils 🍌 = Legumes 🍌 = Nuts 🍌 = Mustard 🍌 = Seeds 🍌 = Soy 🍌 = Sunflower Seeds 🍌 = Tinned 🍌 = Unsweetened 🍌 = Vegan 🍌 = Vegetarian 🍌 = Wholegrain 🍌 = Wholemeal 🍌 = Wholewheat 🍌 = Wholegrain 🍌 = Wholemeal 🍌 = Wholewheat